

# JULY NEWSLETTER



#### Sunday, September 18th from 11am - 5pm on the Rose Kennedy Greenway

Join SBN for one of New England's largest free events, celebrating food! Every year, nearly 100 food vendors and more than 40,000 guests fill Boston's Rose Kennedy Greenway to toast Boston's unique food culture. Whether you're a food business, a Boston company, an eater, or a volunteer, the Boston Local Food Festival will spark curiosity and connections with food enthusiasts throughout the region. Sign up below!



Visitors

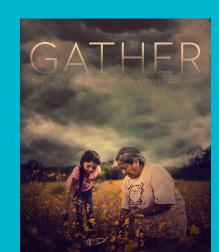
Volunteers

# AUGUST IS EAT LOCAL MONTH



Eat Local Month is a statewide campaign that educates restaurants and the public on the benefits of sourcing food from within our local food system using ingredients from Massachusetts first. This August, eat, shop, and support local.

### SCHEDULE OF EVENTS



## Virtual Film Screening with Q & A

Thursday, July 14th - 6:30 pm

Gather is an intimate portrait of the growing movement amongst Native Americans to reclaim their spiritual, political, and cultural identities through food sovereignty, while battling the trauma of centuries of genocide. Join us for a virtual screening presented by AMIBA with sponsorship from SBN.







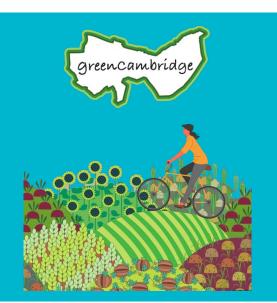


## Microgreen Facility Tour, Tasting, and Workshop

Saturday, August 13th - 10am-2pm

SBN and Giant Gorilla Greens invite you to learn about nutrient dense and flavor packed microgreens on a farm tour where you'll taste the produce, view a growing and harvesting demonstration, and take home your own grow kit. Be sure to visit the <u>Just Hummus</u> food truck for a snack before you leave!

tickets



## **Biking Garden Tour**

Date and time to be announced

Green Cambridge uses public spaces to provide plant-based educational discovery opportunities for all ages and backgrounds to envision a more equitable present that works toward a climateresilient future. Join the SBN and Green Cambridge peloton for a leisurely tour of their community gardens.





## Film Screening

Wednesday, August 17th - 6:30pm

Fish & Men examines the high cost of cheap fish in the modern seafood economy and the forces threatening local fishing communities. Join SBN for a screening at the <u>Brattle Theater</u> in Cambridge.

tickets

# **NEW MEMBER SPOTLIGHTS**



#### Kay's Curries

Kay's Curries founder Kalpana brings homemade tastes to your kitchen with her simple, delicious, healthy, and preservative free curry kits. Make your own traditional Indian curry in three easy steps, and enjoy in 15-20 minutes. <u>Find a market</u> that sells Kay's Curries near you.

Visit their website

#### The Bone Sauce



The Bone Sauce is made from ingredients you can find in your kitchen, most importantly: real butter. Chef Joe brings us a chicken wing sauce that skips the xanthan gum, corn syrup, fillers and preservatives typically found in store-bought sauces, and serves up the real deal. Follow Joe's instructions for the <u>perfect deep fried wing</u>, and try the award winning bone sauce for yourself.

Visit their website

## FARMERS' MARKET SEASON

find your local go-to for fresh, seasonal food

'Tis the season to get out and show your support for the food makers and growers who give New England it's taste and character. For this limited season only, produce is mouth-watering and the weather is right to make your local farmers' market part of your weekly routine. You can find Boston market's using the <u>city's resource here</u>, or to find markets and farm stores throughout Massachusetts, download the Eat Local MA App below.



July is Independent's Month - Take the Indie Challenge!



Take the Indie Challenge this July! Pledge to make all of your purchases at locally owned businesses for one day, one week, or the entire month.

Learn more

Sign up for the Indie Challenge!

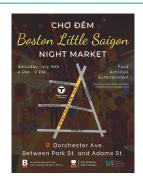
# **UPCOMING EVENTS**



#### ONGOING EVENT: 2022 BOSTON SUMMER EATS

The Summer Eats program is an innovative effort to lessen the summer food gap by increasing the availability of non-traditional meal sites. The goal of the program is to expand access to free and healthy meals for kids and teens in Boston

- 7/19 7/21 15th annual Boston Green Fest Rose Kennedy Greenway
  - 09/23 MFSA Annual Meeting Pemberton Farms in Cambridge
- 10/1 10/2 Boston Veg Food Fest Reggie Lewis Athletic Center
- 10/2 10/3 Local Catch Seafood Summit Girdwood, Alaska



JULY 16TH: Boston Little Saigon Night Market

Where: Fields Corner- Dorchester Ave. Between Park St. and Adams St

When: Saturday, July 16th, 4pm - 9pm



AUGUST 5-7TH NOFA Mass Summer Conference: Decolonizing and Regrowing Our Food Systems: The Work of Our Time

Where: Hampshire College in Amherst, Massachusetts

When: Friday, August 5th - Sunday August 7th

Vendors wanted!





#### Non-Profit Space Still Available at 99 Bishop Allen Dr, Cambridge

SBN is currently the master tenant looking to fill an office with another non-profit in mid-Cambridge. Available for daily, weekly, and monthly rates. If you or a non profit you know is searching for a space, please read the full description at the button below and apply today!

Apply Here

# Join many local members as we Grow, Connect & Build!

Grow your Business Connect with Driven Entrepreneurs Build a Strong Economy



# **OTHER LOCAL FOOD SYSTEMS NEWS**

- Hear from SBN partner organization CISA on local farm financing
- Read the NAMA report on Fishing Policy in New England
- <u>Share your thoughts on the White House Conference on Hunger, Nutrition, and</u> <u>Health</u>
- Read MA candidate responses to questions on our local food system

Subscribe

SBN's Boston Local Food Program strives to create a vibrant local food system, ensuring accessibility of healthy food for people of all demographics and economic backgrounds while supporting the growth of local food producers, farmers, and entrepreneurs. Want to continue to receive these updates about the Boston Local Food scene? Subscribe to our newsletter at the link below.



Sustainable Business Network of Massachusetts 99 Bishop Allen Dr Suite 100 Cambridge, MA 02139 <u>sbnmass.org</u> . <u>info@sbnmass.org</u> . 617-395-0250

